

WHO NEEDS AN OUTREACH PHARMACIST HOME VISIT?

Can you, or someone you know answer 'yes' to any of these questions?

- Do you take more than five medications a day?
- Are you confused or worried about your medications?
- Do you sometimes forget to take your medications?
- Do you see more than one GP or specialist?
- Have you recently spent time in hospital?
- If so it might be a good idea for a pharmacist to visit you at home.

CONTACT INFORMATION

For further information and enquires please contact The Outreach Pharmacy Service, Alfred Health, Monday to Friday during business hours.

Phone: 9076 8036

Fax: 9076 3407

AlfredHealth

OUTREACH PHARMACY

**Information for Families,
Patients and Carers**

Phone: 9076 8036

Fax: 9076 3407



**Hospital Admission Risk Program
(HARP)**

Specialised Chronic Disease Stream

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OUTREACH PHARMACY

WHAT IS THE OUTREACH PHARMACY SERVICE?

The Outreach Pharmacy Service is a Alfred Health program based in the Pharmacy Department at the Alfred Hospital.

A Pharmacist from the hospital is available to visit you in the comfort of your own home to discuss your medications.

They will assist you to obtain the best possible results from your medications and help to avoid unnecessary side effects.

This service is provided free of charge.

Interpreters are available.

HOW CAN OUTREACH PHARMACY HELP?

The Outreach Pharmacist can:

- Make recommendations about the best way to organise your medications
- Review the appropriateness of your medications for you and your conditions
- Explain why and when to take your medications
- Show you how to take and store your medications correctly
- Check that your medications (including non prescription medications and herbal products) are appropriate to take together
- Check you are using any equipment with the correct technique eg. inhalers

WHAT WILL HAPPEN TO ME?

An Outreach Pharmacist will telephone you to arrange a suitable time for the home visit.

During the visit you will be asked to

- Display all your medicines including non prescription medications and herbal products.
- Show the Pharmacist how you use these medications

You will be given the opportunity to ask any questions about your medications.

WHAT ABOUT MY GP?

The findings and recommendations from this visit are sent to both your GP and Community Pharmacy. Other health care professionals will be contacted to pass on relevant information as required.