

CLINIC LOCATIONS

Clinics are run at:

The Alfred Hospital 2nd floor,
Outpatients department
Commerical Rd Prahran
(between StKilda and Punt Rd)

Caulfield Consulting Clinics
1st Floor, Gate 2
260 Kooyong Road,
Caulfield

Sandringham Hospital
193 Bluff Road, Sandringham
Consulting suites
(at the back of the car park next to pathology)

Inner South Community Health Centre
- **St Kilda** 18 Mitford St, St Kilda
- **South Melbourne** 341 Coventry St
(opposite the market)

CONTACT INFORMATION

If you feel your medical condition is changing or you have any concerns, please contact the DMU office and a review will be organised as **quickly as possible**.

The Disease Management Unit office is open Monday to Friday during business hours.

Please note that the office is often not staffed during clinic times but there is an answering machine and all messages are followed up promptly.

Mail: Disease Management Unit
C/- The Alfred Hospital
Commercial Road
Prahran
VIC 3181

Email: dmu@alfred.org.au

Phone: 9076 2375

AlfredHealth

**Information for Families
Patients and Carers**

Phone: 9076 2375

Fax: 9076 3812

**Hospital Admission Risk Program
(HARP)**

Specialised Chronic Disease Stream

DISEASE MANAGEMENT UNIT (DMU)

WHAT IS THE DISEASE MANAGEMENT UNIT?

The Disease Management Unit (DMU) is staffed by medical specialists, nursing care coordinators and pharmacists. The medical specialties covered include: General Medicine, Respiratory, Rheumatology, Gerontology, Cardiologist, Infectious Diseases, Renal and Endocrinology. The DMU provides outpatient care to patients with chronic and complex medical conditions. This care is carried out in close partnership with the plan of care set out by the patient's General Practitioner.

The goal of the DMU is to improve medical outcomes for patients and enhance collaboration between Alfred Health, GPs and community care providers. Communication with GPs is facilitated by posting a copy of all assessments made by DMU the day after clinic reviews and through direct phone contact when required.

The DMU office serves as a single point of contact for both patients and GPs to assist in navigating the often challenging task of being an outpatient of a large hospital.

WHO WILL I SEE IN THE DISEASE MANAGEMENT UNIT CLINIC?

In the DMU clinic, you will be seen by:

- A medical specialist(s)
- A nursing care coordinator who is able to maximise a patient's level of functioning by identifying needs and linking patients in to community services and education programs
- A pharmacist is also available at some clinics to provide one-on-one consultations and home pharmacy reviews as required

WHAT SHOULD I BRING TO CLINIC?

Please bring along:

- A list of your current medications and issues you would like to discuss in clinic.
- It is also a good idea to bring along results from any recent blood tests or scans that were not done at an Alfred Health hospital.
- Please feel free to bring along a friend or carer with you to your appointment.

WHY WAS I REFERRED TO THE DISEASE MANAGEMENT UNIT?

You may have been referred to the DMU by the doctors caring for you during a recent hospital admission or your GP. It is likely that you have been referred as your medical condition requires the attention of both your GP and a hospital specialist at this time.

Opinion from a medical specialist is required by your GP at this time. It will be used to jointly manage your care in this acute stage and help to reduce the need to go hospital.

HOW ARE MY DETAILS KEPT?

The clinic assessment is typed using a computer program called CERNER. A coordinator will explain this to you and obtain your consent. All computer records are kept in accordance with the Health Records Act (Vic) 2001.

For further information please contact Health Information Services on 9076 2644